

# **INFORMATION HANDLING**

## **IN THE FIGHT TO EXPOSE AND STOP THE CRIME OF ORGANIZED STALKING AND ELECTRONIC HARASSMENT**



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WORK IN PROGRESS - frequent updates, check the page number/date/time stamp. This e-booklet replaces "Activism Tips", the title for which prevented many targets from understanding that the tips in this booklet apply to all target communications, not just the information handled by activists.

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## IMPORTANT FOREWORD

Before getting into the details of information handling, organized stalking and electronic harassment (OS/EH) targets must understand that there are two ENTIRELY DIFFERENT situations when it comes OS/EH information:

- The full ugly truth
- What we can say to non-targets and still remain credible, and/or earn enough of their attention span to get some basic facts across. To **be taken seriously**, in other words.

This booklet is to collect tips on how to speak and write and still remain credible.

### 1. Intended Use For This Booklet

This booklet is not intended for the non-target public. Given that the effort to expose and ultimately stop the crime of OS/EH is thoroughly honest and laudable, there should be no harm done, should a non-target member of the public come into possession of it. However, the issues discussed here should not generally be given to the public, because OS/EH itself is very foreign to Joe and Jane Average.

Please do not, therefore, hand copies of this booklet out to non-targets, or make it available through publicly visible linking from web sites or blogs. If a target wishes to hand out copies of a booklet designed specifically for the public, I suggest one of the following:

<http://www.multistalkervictims.org/osatv.pdf> (both OS and EH)

<http://www.multistalkervictims.org/osatv2.pdf> (OS only, for special circumstances)

This booklet may also be of interest to non-targets who support the effort to expose OS/EH.

For a booklet to assist with technical terms and concepts see:

<http://www.multistalkervictims.org/ostt.pdf>

For a booklet on COPING with OS/EH, see:

<http://www.multistalkervictims.org/oscope.pdf>

For a booklet of suggestions for setting up local target group presentations see:

<http://www.multistalkervictims.org/osgroups.pdf>

For a booklet on OS/EH activism history, see:

<http://www.multistalkervictims.org/osah.pdf>

For a booklet (under construction) on OS/EH legal case summaries, see:

<http://www.multistalkervictims.org/oslc.pdf>

## 2. What CAN We Say or Write?

- We CAN say that government is stonewalling us. That much is backed by the testimonies of hundreds of targets who have tried to get government to help.
- We CAN say that government has committed similar crimes in the past, COINTELPRO being one of the best examples.
- We CAN say that we believe government is involved, but without that word “believe,” we are stating something as fact which we can't prove at this time.

## 3. What is “Information Handling?”

It's all about what THEY are READY to hear,  
and not what we want them to hear.

Information handling for, say, environmental matters, or against, say, war, is one thing. Everyone knows and understands the issues.

Because the crime of organized stalking and electronic harassment continues to be totally denied by government, the media, and many non-government organizations who might provide tangible help for targets, the way we handle information is very different for us. We have miles of road to cover, and foothills to hike through, before we can even start to climb the mountain to freedom.

Credible information handling, for US, means that even when thinking verbally to ourselves, or talking with other targets privately, we must stop and change our way of saying things until credible speaking and writing becomes second-nature. It's within our thinking verbally to ourselves, and on the forums, where credibility actually starts.

What you say to someone else affects what they are likely to say to non-targets, too! What you say on the forums may very well be echoed by another target - making it important to think about what you say before you hit 'Send.'

Information handling, then, is really everything we ever think, say and write about organized stalking and electronic harassment.

That sounds like bad news. After all, just surviving takes all the energy many targets can muster, so how can they take on “information handling” on top of that?

The good news is, this “credible information handling” thing doesn't need to be learned all at once. We're basically in this for life, and we have all the time in the world to work with. One part of the suggestions in this book is to work on sorting out descriptive terms which help with credibility, from those that damage credibility. A target under heavy fire can work on correcting just one single term in their vocabulary. Once that's done, pick a second term and

work on that, and so on.

The main goal of information handling is public awareness. So what is “successful public awareness?” It's when an unaware member of the public, after an encounter with you (or your written material) walks away believing “Hey ... there just might be something to this organized stalking/electronic harassment thing.” (As opposed to believing we are nut cases.)

In other words, with the public, we don't have to prove organized stalking/electronic harassment to a courtroom standard. We merely have to persuade our listeners and readers that there is a realistic chance OS/EH is a real crime, happening as we report. That is encouraging, and hopefully will motivate more targets to work on credible speaking and writing.

Go at your own pace. There is no deadline.

#### **4. A Few Things to Learn**

This booklet presents many different suggestions for credible information handling, but these suggestions can be pretty well summarized by these principles:

- Learn to sort out what is accepted as fact by non-targets from what, to be honest, we must treat as someone's personal opinion. Not everything that is true is accepted as true by non-targets. A starting point for learning that can be found here in the section titled “Use Our Best Information.”
- Learn which terms for OS/EH related things work well, and remove those which don't work well from your vocabulary. Some terms destroy credibility, fairly or unfairly. See the section titled “Good Terms Versus Bad Terms.”
- Learn which portion of the full truth is most likely to kindle genuine interest on the part of non-targets in the OS/EH issue. The full truth will drive many non-targets away. See the “Thin Edge of the Wedge Principle” and “Lead (Start) With the Familiar Principle” sections.
- Watch how professionals describe criminal activity to the public, and work towards making your speaking and writing sound like theirs. We want people's serious attention? We have to sound like them, to “speak their language.”

#### **5. We Have Enough to Expose the Crime Now**

And know this, targets: WE HAVE ENOUGH DOCUMENTED INFORMATION THAT WE CAN EXPOSE THE CRIME. (By “expose” I mean make the public and public officials aware.)

We do not have to wait until we can explain every last piece of technology, or identify the

specific organizations responsible, to just expose the fact that this crime is happening. A win in court is nice, but we can do considerable exposure of the crime by sharing credible information with the public and public officials. We don't need to "hold our breath" until we have a significant court victory.

You see, the main barrier to getting OS/EH stopped is that most of the public doesn't know this crime is happening. I suggest that accomplishing nothing more than making the public, and honest public officials, aware this crime is happening will stop the crime, or at least, much of it.

I suggest churning our minds and bodies day and night, trying to explain all of the technology, and identify specific organizations responsible, is natural, but is not needed to expose the crime's reality. I say let's start by the limited objective of exposing the basic crime FIRST. Once public awareness has been accomplished, we can then begin to work on more detail. By scaling our objective down to first things first, we save ourselves a whole lot of anguish, and, by avoiding claims beyond our proven information, we will achieve better credibility.

At the moment, the average target feels paralyzed by the scale of the highly advanced, classified secret technology and the world wide scale of perp-co-opted organizations. We can do an end-run around all that by making use of our best information, limited as it is, and working only on getting the basic crime exposed. When you build a house, you lay the foundation first, and we need to do the same.

**The basic lesson is, we need to feed the public our information in the way a "timed release" pill works.**

## 6. Two Different Worlds

Get used to it, folks. We live in two strikingly different worlds. Targets must never forget that, and must adjust their speaking and writing accordingly. One world is society, and this where our most important information sharing, speaking and writing is done. The other world is discussions among targets.

"Letting it all hang out," i.e. telling your full personal story, in detail, and discussing your theories, guesses and opinions - that is for the world of discussions among targets. Doing that in public, even to trusted friends and family members is extremely bad information handling, and also carries the real risk of losing formerly good relationships, and being forced into the mental health system.

## 7. Thin Edge of the Wedge Principle

One doesn't need to be a physics professor to know that trying to split wood with the blunt end of a wedge simply doesn't work.

It is, I suggest, the same way with sharing information about OS/EH.

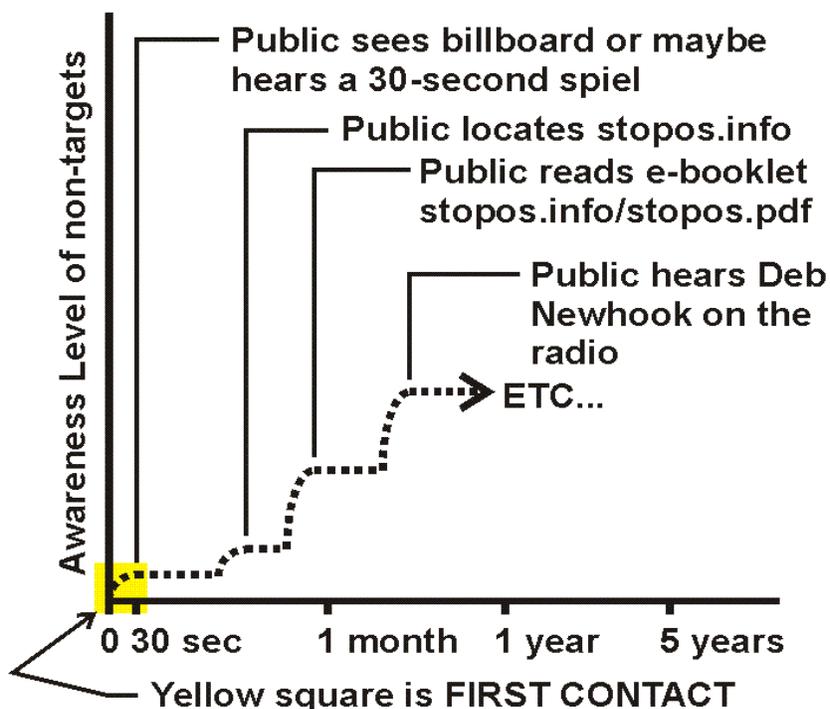
Joe Average just isn't interested in YOUR headaches. He has plenty of his own, thank you. Joe Average isn't the type of guy who is going to listen to a 15 minute spiel, or read a 15 page document, and carefully ponder and analyze your points, no matter how persuasive your points of logic are. It just ain't gonna happen.

Joe Average, from my experience, will give you (or your literature) about 30 seconds' worth of attention span.

Joe Average isn't going to, in that 30 seconds, try to figure out abbreviations, or figure out names for things that aren't obvious. If you use a misleading name for something, Joe will rapidly assume something equally misleading, and by that time, you've used up your 30 seconds for, in many cases, nothing of benefit.

What this means is that we need to constantly work towards shaving our information sharing for non-targets down to fit within a 30-second attention span, if you are speaking or writing to non-targets who have never heard of OS/EH. The closer you come to this for FIRST CONTACT purposes, the more likely you will be successful in educating that non-target as to what OS/EH is.

Save your wordier material for later, after the non-target's interest has been kindled, and they ask for more information. Here's a graph of non-target awareness level versus time, to give you an idea of what is meant by "FIRST CONTACT."



## 8. Lead (Start) With the Familiar Principle

Credibility is the name of the game, and not all aspects of OS/EH are equally credible.

To attain credibility, we must first “put ourselves in the shoes of” people who have never heard of OS or EH. Our speaking and writing must be tailored to THEIR outlook, not ours, if we hope to get their serious attention. This is not natural for targets of a serious crime, who want to shout from the rooftops. But it is what we must do to sound credible.

See the electronic weapons chapter of this e-booklet for information on the proven-to-exist e-weapons:

<http://www.multistalkervictims.org/osatv.pdf>

But always, always, always, I suggest, lead with the familiar for first contact non-targets.

## 9. Use Our Best Information

In my 15 years of Internet information sharing, it has consistently amazed me that our most solid, most persuasive information is often ignored by targets.

There is one limited credibility review system posted to point out ways to separate good info from questionable or bogus information:

<http://www.multistalkervictims.org/raven1/reviews>

Here are my candidates for best information for sharing purposes:

<http://www.stopos.info>

This is a tiny web site, with a bare minimum of information on it, designed to not overload a member of the unaware public. The intent was to provide a toned-down, fact-based, non-ranting URL for use on billboards, flyers and the like.

<http://www.multistalkervictims.org/stats.htm> (organized stalking official statistics)

The official statistics regarding organized stalking (stalking by groups) above show that for the United States, Canada, and the United Kingdom, in spite of official stonewalling, justice systems are handling one case of group stalking out of eight stalking cases. That is a powerful defence against skeptics or officials who tell targets that stalking by groups never happens.

<http://www.multistalkervictims.org/lawson.htm> (private investigator's OS report)

Above is a report condensed from two books by Florida-based private investigator

David Lawson, who, over 12 years of part time investigation, managed to infiltrate stalking groups in parts of the U.S. and Canada. Lawson's observations (not his conclusions, but his observations are an excellent fit with the observations of organized stalking targets. Lawson's investigation should be taken seriously by genuinely open minded public officials. Quotes from Lawson are probably not courtroom quality "proof", but they are excellent, in my experience, dealing with the public.

<http://www.multistalkervictims.org/osatv.pdf> (chapter on proven electronic weapons)

There are, at time of writing, five electronic technologies which can operate through non-conductive (wood, dry masonry or drywall) walls, and which can re-create a number of the harassment effects reported by targets. These technologies are not classified (secret) and have therefore been available to criminals willing to make use of them for one to five decades. They have all been demonstrated and proven to work.

Demonstrated is the most important criterion for technology. Patents do not require that they be demonstrated prior to issuing the patent and therefore are not solid proof of the existence in working form of a given technology.

They can also re-create attack types which exactly match what targets report. Targets will sometimes tell non-targets that electronic technologies are in use as harassment devices which actually can't re-create, exactly, one of the harassment effects targets experience. This can cause embarrassment to targets who claim such technologies are in use, when a skeptic or official who is knowledgeable corrects the target. (HAARP is one such mis-used technology. See the e-booklet linked above for more details.)

<http://www.multistalkervictims.org/googledocspages.txt>

This is the listing of GOOGLE DOCUMENTS versions of selected web pages I consider good sources for activism material. The advantage of using a google documents link over a link on an OS/EH web page is that sending a totally unaware non-target to a page on an OS/EH web site seriously risks turning off their limited interest. Using a google documents link, the unaware non-target will see only the specific document and none of the other material on a web site.

<http://tinyurl.com/24u8kmn>

This is a google documents file, which allows you to access the March 1975 article in the American Psychologist journal which describes the first successful demonstration of microwave voice to skull technology.

<http://tinyurl.com/2bfgdy3>

"Organized Stalking – A Target's View" - e-booklet, full version includes proven through wall electronic weapons technologies which can produce some of the assault types we experience.

<http://tinyurl.com/29rr67f>

“Organized Stalking – A Target's View” - e-booklet, ORGANIZED STALKING ONLY version, for special situations where the electronic weapons might be a credibility risk.

<http://tinyurl.com/23kqrpm>

“Proven Technologies” - A simple listing of those through wall technologies which can produce some of the assault types we experience.

<http://tinyurl.com/2bprhet>

“True Justice Operations Manual” - A \*SPOOF\* “manual” written to describe possible training material given to organized stalking perpetrators.

<http://tinyurl.com/258hwbc>

“Targ the Organized Stalking Target” and “Peter Perpetrator” comic strips, volume 1.

<http://tinyurl.com/27nv6l3>

“Targ the Organized Stalking Target” and “Peter Perpetrator” comic strips, volume 2.

<http://tinyurl.com/2cn2off>

“Targ the Organized Stalking Target” and “Peter Perpetrator” comic strips, volume 3.

## **10. To Attract Serious Attention, We Must “Sound Like Them”**

We want and need to attract the serious attention of the public, and especially public officials such as police, politicians, lawyers, and doctors.

To attract their serious attention, we must train ourselves to “sound like them.”

Meaning, when we describe, either speaking or writing, the OS/EH crimes to non-targets, we need to use the careful, measured, qualified manner of speaking we hear from police officials who are describing a crime in, say, a television news interview. If we can do that, we will be “speaking their language.” That will require that we spend a little time listening to public officials when they speak on crime issues.

One thing officials do is to restrict the amount of information they provide. They don't just open the file on a crime and read everything written there. They condense, and arrange the material that suits their purpose, and stop there.

Officials describing crimes also “qualify” their speaking. They don't state as a fact what isn't

actually proven. You hear qualifiers like “alleged”, “reported,” “theory,” “opinion,” and the like. That's what “qualified” speech is. Officials use qualifiers to verbally “label” guesses/opinions as such.

\*\* Military personnel are trained, when asked a question they don't have the answer for, to respond: “I do not know sir, but I shall find out.” To make a favourable impression on a non-target who asks you something you don't know, consider replying: “I don't have the answer, but I can look into it and get back to you, if you like.”

In summary, watch officials on TV, and try to emulate them when speaking or writing to non-targets.

## **11. Personal Stories Bad for First Contact Non-Targets**

Whenever a target ends up in mental hospital, or forced to take dangerous anti-psychotic drugs, it is invariably because they “gushed” their full personal story at local officials. It is natural to tell your story and beg for help when you are trapped by an inescapable group of criminals.

However, targets must resist the temptation to do that, either in an emergency situation like matters requiring medical or police attention, or, information sharing. As a rule of thumb, telling your full personal story (a) causes you to lose credibility and (b) can get you forced into the psychiatric system.

Save your full personal stories for the OS/EH forums is the bottom line, for conditions as they exist now.

## **12. In-Person Group Information Presentations Are Best**

Should a target wish to make presentations to officials, IN-PERSON GROUP approaches are not only best, but given the way individual targets are treated when alone, are the only practical and reasonably safe way to accomplish approaches to officials.

The Canadian CATCH group (2004-2006) found that making presentations about OS/EH to local crisis support organizations worked quite well and were well received. The group had to disband, but moving on to official groups was discussed. The CATCH method of creating the presentations was to approach one crisis support organization (a rape crisis center), and ask them to watch a presentation, and then critique it for credibility. Presentations were made to three other groups, each one improved, based on comments received.

Had this been able to continue, by the time a presentation to officials could be arranged, the material would be as well polished as it could be, based on information available at the time.

I suggest two precautions as essential for making presentations to local officials:

- Arrange for a member of a local crisis support organization who knows what organized stalking is (perhaps electronic harassment too, but definitely OS) to accompany the group at the presentation.
- Brief a lawyer with experience in mental health as to the group's background and purpose and who is willing to defend the group against mental health charges should they occur. Such a lawyer should accept legal aid for this.

Having at least a second, credible-sounding target accompany targets to any situation where OS/EH is to be discussed is extremely important. Emphasis on “credible sounding.”

Here is an e-booklet with suggestions on how to prepare for local group presentations:

<http://www.multistalkervictims.org/osgroups.pdf>

### **13. Accurate Experience Description, But Bad Technology Info**

Over the years, I have noticed that articles or books which include very accurate descriptions of what targets experience are irresistible to targets desperate for relief. Targets often assume because their experiences are described perfectly, that means that technology claims and/or claims as to which entity (often specific government agencies) is carrying out the harassment must be true.

Even worse, targets use such articles, which may contain very bogus or dubious information to tell the OS/EH story to the public. The worst case being to police or doctors. Really bad idea.

While this is understandable and a natural reaction, targets need to realize that the quality of the information from any source can vary, within a single article, from excellent to outrageously bogus, again, within the same article.

### **14. Technology: Demonstration Required to Claim as Fact**

The NUMBER ONE criterion for claiming a weapon exists which can account for some of the experiences targets report is that the technology has been DEMONSTRATED.

“Demonstrated” for our purposes means:

A mainstream organization has published a detailed description of the demonstration, under their name and logo.

“Demonstrated” for our purposes does not mean:

A lone individual, no matter how well qualified, says the technology has been

demonstrated, or that he/she “knows it will work.”

This criterion has been forced on us by the public, especially public officials, and is the minimum requirement for stating a given technology is an accomplished fact.

A PATENT is not proof that a technology has been demonstrated. A patent is issued for ideas which the Patent Office staff believe are workable and which are likely to have some benefit to society. (Patents may refer to other documents reporting a demonstration. Patents also do indicate INTENT, meaning they can be helpful even though they don't prove the technology has been demonstrated.)

## **15. Keep Technology Attack Experience Reports Close to Demonstrated Technologies**

There is a list of technologies which are both relevant to OS/EH target experiences, and have been available to criminals with the money for decades:

<http://www.multistalkervictims.org/osatv.pdf> (Electronic Weapons chapter)  
<http://www.raven1.net/proventechs.pdf> (more detail)

If you must discuss electronic attacks with non-targets, keep your attack descriptions very close to effects which can be done by the weapons listed above.

Always “refer back” to demonstrated technologies along with your statements about electronic attacks - that makes you as credible as you can be.

## **16. Technologies Not Relevant to Electronic Harassment**

There are technologies in the news which seem as if they might be in use to produce the attack effects we experience, but for various reasons, should not be named as technologies which are, as a fact, responsible for electronic harassment. A listing of technologies which do match our experiences can be found here:

<http://www.multistalkervictims.org/osatv.pdf> (Electronic Weapons chapter)  
<http://www.raven1.net/proventechs.pdf> (more detail)

More information as to technologies which are not relevant is found in some of the reviews here:

<http://www.multistalkervictims.org/raven1/reviews>

Common reasons why published electronic weapons, typically military and/or police weapons or research programs, are not relevant are:

- The weapon is not capable of targeting a single individual as its signal spreads out too much (HAARP is one example)

- The weapon does not work through walls, or would have to cause obvious destruction to the wall to work (acoustic weapons which are powerful enough to move things are one example; the “acoustic spotlight” is another)
- The weapon would cause neighbours to be aware of its use (“LRAD” acoustic hailers are one example)

“Lasers” are LIGHT devices, and while some infrared “lasers” may penetrate non-conducting walls to some degree, but in general, do not use the term “laser” as a weapon which may be responsible for your indoor attacks.

Here is a list of criteria for determining if a given technology can be credibly used in describing electronic harassment attacks:

- it reproduces EXACTLY at least one of the attack effects we commonly experience
- it does so SILENTLY
- it does so THROUGH WALLS without disturbing the walls in any way
- it does so at NEXT DOOR NEIGHBOUR distances
- it does so withOUT alerting/affecting neighbours
- it has been DEMONSTRATED, NOT just forecast, and the details of the demo are documented in a mainstream ORGANIZATION's publication under their name or logo (individual assertions do not work in forcing reluctant, fearful or corrupt officials to accept reality, even if the individual is eminently qualified)

To assist targets in getting technology terms and concepts right see:

<http://www.multistalkervictims.org/ostt.pdf>

## 17. Good Terms Versus Bad Terms

The choice of terms used in conjunction with anti-OS/EH information sharing should always be made on the basis of what works, or is likely to work, to kindle interest in the part of unaware non-targets. It's a habit we all need to develop.

When I call a term “bad,” I am saying that term, from actual experience using it, does not achieve the result of kindling serious interest on the part of the listener or reader. Some terms are “bad” because not only don't they kindle interest, they actually cause listeners or readers to believe we are crazy, or probably crazy.

Note: Just because a term is popular among targets does not mean it is suitable for getting OS/EH exposed. I used many bad terms in my early activism, which I found out later caused credibility problems with the public. All information sharing is important, even if a target isn't directly involved in activism.

IMPORTANT: Abbreviations

Minimize abbreviations, especially on first contact materials. In our arena, odds are your listener/reader won't have a clue what your abbreviations mean.

For at least the first occurrence of an abbreviation, show it in parentheses after spelling it out, such as:

... organized stalking and electronic harassment (OS/EH) ...

BAD: "experimentee/experimentation/testing"

Experimentation involving harassment and torture has been acknowledged by the U.S. government. However, OS/EH is world wide, and has been happening for decades. A few OS/EH targets report this harassment is going on for over 40 years. That is not, I suggest, "experimentation." Yes, experimentation goes on all the time, but in the main, this program is too large and too old to be simply "experimentation."

GOOD: "crime"

OS/EH is best described as a "crime", because of the lead-with-the-familiar principle. The officials who can help us deal with "crime." They do not deal with "experimentation." Therefore, let's use the term which the officials we want to help us use.

BAD: "torture"

Yes we are being "tortured." But we do not look "tortured" to our associates. "Torture" typically refers to being in physical captivity - we are not in physical captivity. Lead with the familiar - choose "harassment" instead, to get that all-important initial interest kindled, even though we know we are being tortured.

BAD: "gang stalking"

"Gang" stalking was a term which originated with CATCH in 2004. I used it enthusiastically with members of the public, but I shortly realized it was a bad term. Invariably, my listener would ask me which "gang" was doing the stalking, as in "crips" or "bloods." This needs to be removed from your vocabulary in order to make the most accurate presentation to others. Remember that using "gang" stalking on the forums to other targets encourages them to use the term with non-targets too.

GOOD: "stalking/organized stalking/group stalking"

"Stalking," and specifically "organized" stalking are excellent terms in accord with the "lead with the familiar" principle. Everyone knows what stalking is. Almost everyone has observed group bullying in the workplace or at school. I have found in face to face conversations with non-targets that "organized stalking" works well in quickly painting a correct picture of the crime.

GOOD: “harassment”

“Harassment” is a very good term based on the “lead with the familiar” principle. Everyone knows what harassment is. Yes we are being “tortured.” But we do not look “tortured” to our associates. “Torture” typically refers to being in physical captivity - we are not in physical captivity. Lead with the familiar - choose “harassment” instead, to get that all-important initial interest kindled.

NEEDS QUALIFICATION: “stalking by proxy”

“Stalking by proxy” is a well recognized term in the field of SINGLE stalking, by criminologists, psychologists and the like. It happens when an obsessed single stalker enlists helpers, perhaps friends or relatives, to help them stalk their target. Organized stalking (OS) “sort of” fits that definition, however, with international OS, the person who submits a target for OS has no connection with the stalking groups that operate world wide, and the stalking groups don't have any idea of the reason that got the target designated as such, per David Lawson.

I don't recommend offering this term up front, but if it does enter a discussion of OS, the difference between the typical obsessed single stalker's helpers and international OS needs to be explained to your listener or reader.

BAD: “government IS the perpetrator”

Many targets assume that government is responsible for OS/EH. I certainly suspect that is true, but a key part of sounding professional is to be sure to label assumptions about what may be true as “allegations.” Best to say: “We don't know which organization or organizations are responsible. Government is stonewalling on acknowledging OS/EH is real, so government MAY be involved.” Saying government IS the perpetrator is a serious no-no unless solid evidence comes to light.

GOOD: “government MAY be involved”

Government officials stonewall us at all levels, ridicule us by laughing in our faces, and try to get us labelled as crazy (just as they did with the radiation experiment survivors.) It is OK to say that, but with one qualification - I urge we leave that allegation for non-targets who have expressed serious interest in learning more, not first contact situations.

BAD: “CIA,” “NSA,” “FBI,” and other intelligence agency names

NOT GOOD: MKULTRA (for first contact situations)

We have very good reason to suspect, strongly, that these outfits are involved with OS/ EH. But because we must tailor our speaking and writing to what the PUBLIC will accept, it is not good to mention organizations of this type, at least for first contact.

One exception would be in conjunction with a proven crime, such as the FBI's COINTELPRO crimes, or the CIA's MKULTRA crimes. But getting into those crimes, even though they are true, shouldn't be done very much in first contact material.

Some members of the public actually see "CIA" or "NSA" as indicating the speaker/writer is a wacko.

Also, be very sparing with use of MKULTRA, as that was a mind control program, and OS/EH is very different when taking into account all of the facets. What happened during MKULTRA is very foreign to non-targets (torture of captive children.) The public has also been told via the media that MKULTRA was basically a few hits of LSD. So particularly for first contact information, MKULTRA is not good.

BAD: "we ARE targets of COINTELPRO operations"

GOOD: "we are targets of a COINTELPRO-LIKE crime"

COINTELPRO was similar to OS/EH, except COINTELPRO targeted activists and whistleblowers, while OS/EH includes a majority who are neither activists nor whistleblowers. To remain credible, we can NOT claim we ARE, as a fact, targets of a government program called COINTELPRO. Officially, COINTELPRO stopped after some Congressional hearings in the 1970s. So the qualifiers "similar to" or "-like" must always be added to references to COINTELPRO.

"COINTELPRO" is an abbreviation for "counter intelligence program," and counter intelligence means actively interfering with a targeted individual or group.

If you're doing activism, I recommend using COINTELPRO mainly in activism material which is longer, that is, designed for non-targets who ask for additional information, or, on blogs and web sites.

BAD: "Freemasons," "Illuminati," "New World Order"

We do not have evidence, at this point in time, proving that ANY specific entity is responsible for the OS/EH crimes. Freemasons, the Illuminati, and the New World Order are frequently cited as being responsible.

Those organization names tend to produce the "wacko" response in members of the general public. I urge keeping those organization names out of our OS/EH vocabulary.

BAD: Unverified program names, like "MONARCH" or "Phoenix II"

If you're not sure an alleged program has been acknowledged by mainstream sources, don't use it. "MONARCH" and "Phoenix II" have been used by one individual (Marshall Thomas) to title and appear in videos about OS/EH. First, those programs have only been alleged, never verified. "MONARCH" is an alleged program of torturing physically captive children. Avoid unverified program names and materials which use them.

BAD: "TI"

"TI" means "targeted individual." It is popular among targets of OS/EH, but it is not known by the public and I recommend working to replace it with "target," which is understood by the public. Stay with the familiar!

GOOD: "target" or maybe "victim"

Many targets don't like "victim," but it is a good, familiar description of those who have had crimes committed against them.

BAD: "spooks," "government agents," "spies"

We have no proof at time of writing that government intelligence agents are responsible for OS/EH, even though we can prove that under programs like COINTELPRO, they have been responsible for similar activity in the past.

GOOD: "perp," "perpetrator," "criminal"

Those who carry out OS/EH crimes are clearly perpetrators or criminals. Those are familiar terms, therefore best to use.

BAD: "mind control"

Influencing the mind (and body), remotely, does occur with OS/EH targets. However, from face to face conversations with the public, "mind control" is an instant credibility killer in most cases. MC is a good example of a portion of the truth which we must avoid speaking about in order to gain the serious attention of the public.

"Mind control" might be OK with non-targets who have expressed serious interest in knowing the full truth, but not for first-contact situations.

BAD: "implants"

Monitoring/tracking/control/harassment implants have been used in a few targets. They were used in some of the MKULTRA survivors. But unless you have a medical scan proving you have an implant, it is very important to break the habit of saying you ARE implanted. Remote-acting electronic weapons which work through walls have been available for decades, so implants are not actually necessary for very invasive attacks. Implants are another example of part of the truth which should be held back, at least from FIRST CONTACT activism material, for those who do activism.

What's the worst implant term? "Tooth implants." Claiming that will make you the butt of jokes.

The possibility of implants might be OK with non-targets who have expressed serious interest in knowing the full truth, but not for first-contact situations.

BAD: "mind reading"

At present, a demonstration has been done where a test subject's silently said to self thoughts were detected by magnetic pickups near the throat. That technology does not work through walls, or at next door neighbour distances. Especially, it does not work at satellite distances.

BAD: "tin foil hat"

That should be obvious. We don't use terms that invite others to question our sanity.

BAD: "paranoid," "schizophrenic," and other mental illness jargon

We must not "defend ourselves" against those questioning our sanity unless the non-target raises the issue first. Keep references to our mental health out of of information sharing material used with non-targets.

I urge targets to not promote Harry Sweeney's works which all center around his original "Professional Paranoid" book. This is a glaring invitation to non-targets to question our sanity, and Harry has never furnished any remotely logical reason why we should make use of his work labelled with a discrediting term.

BAD: "media harassment," sometimes called "broadcast substitution"

Because "media harassment cases" are almost always unrecorded, and involve things said by someone on a radio or TV show which the target merely believes were aimed at him/her, reporting such perceived harassment to the public or officials is an extremely bad idea. The normal reaction of the public or officials will be that the target is mentally ill. Only a recorded show, with the target referenced by full name would be enough to overcome the presumption of mental illness.

BAD: "psychotronics"

But because the term sounds ideal for us, many targets use the term that way.

Russian targets say it's an accepted second meaning over there.

I'm not trying to nitpick for no reason here. Instead, I'm urging targets to avoid a term which is easy for a knowledgeable naysayer to shoot down and make us look ridiculous.

"Psychotronics" is something like a century-old term which became well established before OS/EH started.

It is the original meaning of "psychotronics" which the U.S. Psychotronics Association is all about.

I bought two huge books about psychotronics, and eventually got rid of them because there was nothing in there relevant or useful to us.

Psychotronics started out as a HEALING effort, in which NON-POWERED electrical components, mainly selector switches, were mounted in wooden boxes. The early gear often had a small "tub" mounted in the panel, in which various objects, which might have included fingernail clippings from the person in need of healing, were placed.

The OPERATOR was the key, and was someone who had developed "special abilities" which were equivalent to psychic abilities.

The switch settings were called "rates."

Currently, various types of powered electronic devices are used as well.

But it's all about HEALING. Dr. Eldon Byrd, one of the original Lida machine testers, was a member of the U.S. Psychotronics Ass'n. He confirmed that psychotronics was about healing and unrelated to electronic harassment.

So I urge not using this tempting term to avoid credibility problems and confusion with healing.

For good/bad TECHNOLOGY terms, see:

<http://www.multistalkervictims.org/osst.pdf>

## **18. Claims of Being an "Insider"**

From time to time, people pop up on our email forums claiming to be ex-government agents or employees, and who have lots of "inside information." Sometimes they claim to know for certain, because they saw "classified documents," how the OS/EH crimes are really being carried out, and exactly by whom.

Some of these "insiders" claim to know how to get this case into court and win.

Usually, they are excellent, persuasive writers and speakers.

Sometimes they claim to be targets.

There is no practical, affordable way to verify with absolute certainty their claimed backgrounds. The good news is if you follow good credibility principles, you don't need to do that.

These "pied pipers" are very attractive to targets desperate for a cure. The rhetoric produced

by these “insiders” can hold a following for years.

To avoid heartbreak and wasted time, it is very important that targets apply the same criteria discussed here in this booklet to the statements by these “insiders.” They produce proof which can be independently verified, or, their statements must be treated as their personal opinion.

## **19. Defending Against Allegations of Mental Illness**

I found my street picketing, most of which took place between 1998 and 2001, did not bring too much in the way of hecklers alleging I was crazy. But it happened from time to time. As mentioned in the street activism section, holding up a physical copy of a book, is one good way to counter such allegations. The book I recommend at this point in time is “My Life Changed Forever,” by organized stalking target Elizabeth Sullivan, reviewed here, with purchase sources:

<http://www.multistalkervictims.org/mlcf.htm>

An excellent booklet, which covers both OS and EH, has not been published but can be printed and bound by an office services copy shop. It is my own booklet “Organized Stalking: A Target’s View.”

<http://www.multistalkervictims.org/osatv.pdf> (both OS and EH)

<http://www.multistalkervictims.org/osatv2.pdf> (OS only, for special circumstances)

In my booklet, both versions, official statistics showing the reality of organized stalking are given. Those statistics cannot be (legitimately) debated by naysayers.

The bottom line of those official statistics is that some jurisdictions in the U.S., Canada, and the United Kingdom report one stalking case in eight involves stalking by groups.

My booklet version covering both OS and EH has an Electronic Weapons chapter, which shows that some of the more common electronic harassment attacks have been doable with devices which have never been classified secret, and have been available to the criminal public for one to five decades.

Both versions of my booklet offer answers you can use to counter allegations of mental illness, and other doubts as well. For example “Nobody has the time on their hands to do all that.” That is covered in my osatv booklets - and the answer is that David Lawson found much of the harassment is done during working hours by employees with access to the target.

One point I have raised with those alleging that OS is imaginary is that crisis support agencies are aware of organized stalking and do deal with targets of OS. In fact, many crisis support staffers are not yet aware, but you can make the statement “Crisis support agencies are aware of organized stalking” and not have made an incorrect statement.

You can not convince everyone, so forget even trying. After presenting our best evidence, if the heckler keeps on saying you're crazy, just say "You believe what you want to believe. Have a nice day."

## 20. Court Filings Aren't Proof

There have been some court cases where OS/EH targets have attempted to sue someone, typically a government agency, for damages caused by OS/EH. To date, none of these cases has even made it to trial.

However, some SUBMISSIONS to the court have been posted on the web. The submission most often referenced is that of John St. Clair Akwei, who claimed to have been an NSA employee. Mr. Akwei's lengthy submission makes many specific allegations about NSA "mind control" and electronic torture.

Mr. Akwei is rumoured to have made an out of court settlement, but he has disappeared, at least from the OS/EH target community, so the outcome of his case is entirely speculative.

The important thing for information handling is to realize that a document submitted to court, but which wasn't heard in court and its accuracy determined, is **\*\*NOT\*\*** proof that any of the document contained truth. For information sharing purposes, we must regard Akwei's submission as his opinion.

We have one small but notable victory in the case of target James Walbert, who submitted a complaint to his local court, and his complaint of electronic harassment was not challenged. The court papers for this case are posted here:

<http://www.raven1.net/walbert.htm>

Note: raven1.net is not a good site for referring the public to. It contains a large volume of true information which will produce information overload for non-target visitors. "Thin edge of the wedge principle."

Acknowledging a complaint of electronic harassment basically means the court didn't find the existence of electronic weapons to be beyond belief. But it would be wrong for activists to take those court papers, say, to their police department, and say "I'm being harassed by these same electronic weapons! Here is proof!" You can't stretch Mr. Walbert's success that far.

The thing to remember about public officials is that they don't feel bound to decide as to the truth of OS/EH complaints in the same way as every other jurisdiction. An individual claiming OS/EH to court is in an exceptionally weak position, even following the Walbert success.

It's fine to raise the Walbert success, but don't wave it in people's faces demanding action. Those people with badges and guns could drag you off to mental hospital if they choose.

Walbert's success is likely to work far better as part of a well planned in-person group presentation to officials.

## 21. Writing Letters

If a target chooses to write activism letters, choose hard copy (paper) mail if possible. Political office staffers have acknowledged that emails are high in volume and are sometimes, of necessity, deleted. Faxing is second best.

To get the best chance that the letter will be read and comprehended, keep it to one page. That means maybe 40-45 actual lines of text, after heading and signature are taken out. Just like Joe Average's short attention span, officials are more likely to respond to short letters.

PLEASE, folks, break your letter into PARAGRAPHS. A huge long page of solid text is very unappetizing to a busy recipient. This document uses paragraphs, for example.

Always spell out the first occurrence of something you may abbreviate, and put the abbreviation in parentheses right after the spelled out name, for example:

... organized stalking (OS) ...

It is tempting to write a letter describing OS/EH and hoping your recipient will “figure out what to do” and do something to help you. That's not a good plan.

Before you write, have a clear idea of what you want the recipient to do, and explicitly request that. What you request:

- Needs to fit with the recipient's organizational mission statement. It is a good idea to copy a sentence (or phrase) from the posted mission statement.
- Needs to be something reasonable, given the resources available to your recipient. Don't ask for the sun and the moon if you want a serious response.

Spend time trying different ways to describe the situation you want to inform your recipient about before selecting the wording most likely to be taken seriously. If this is first contact, you need to be especially careful to avoid information overload. For example, instead of saying that thousands of people are having their lives utterly destroyed, (true,) consider saying something like “You may not be aware but the anti-stalking laws enacted in the early 1990s have not benefitted those who are stalked by groups, as opposed to those stalked by single stalkers.” Keep it light at first contact. The “lite” approach is more likely to give you a toe in the door than blasting your recipient with the heavy stuff.

As to what to ask for, it may be as simple as asking your recipient to learn more about OS/EH, and consider offering such help as may fit within his/her organization's mission statement. You can certainly ask for more, but many letters will be trying to just kindle interest.

Close by offering to provide further information on request.

Generally, a first contact letter should be very restrained on giving web site links. Just one single link with good quality information is better than a huge list of long links. If links are long, always create a tiny URL (at <http://tinyurl.com>) and provide the tiny URL in the letter.

Letters to justice system officials are dangerous, unless you have a local in-person group and are requesting the opportunity to make a presentation about OS/EH to their department. That request might be best made through a crisis support organization rather than directly from a target. At the very least, clear letters to justice system officials with your local group's lawyer.

I suggest not sending attachments on first contact letters, as that makes your letter look like "a lot of time" will be necessary.

BAD: Email activism campaigns which send hugely long messages to officials and organizations all over the world, screaming in all capital letters about the very worst aspects of OS/EH, using long strings of exclamation points, perhaps with horrifying full personal stories added on. One group calling itself the "MC Mailteam" (MC being a very bad way to make a first impression) did this for years, and may still be doing it. Avoid such groups is my advice.

Just flooding non-target recipients with full personal stories isn't going to get good results. Our communications, above all else, have to suggest something limited, something DO-ABLE, and something which fits with the organization's mission statement.

## **22. Sample "Lead With the Familiar" Spiel**

Whether discussing OS/EH face to face with, or writing to non-targets, I'd like to share a spiel I've used which conveys just the smallest possible bit of organized stalking information, and because it doesn't slam the listener with the full horror story, does not produce rejection.

Not producing rejection is the best a target can hope for in first contact situations. Not producing rejection is also very important in talking with family members and officials, so as to avoid the risk of the target being forced into the mental health system.

Here's how I introduce the topic at this time (I use variations, of course, depending on who is listening or reading.) USE THIS AS A TEST OF INTEREST when you speak to a non-target who has never heard of OS or EH:

"Remember when stalking laws came into effect in the early 1990s? It took years before police and the courts began to consistently offer help to targets of single stalkers. Some single stalker targets still are denied serious attention and help, according to message boards about stalking by single stalkers.

"Well, since that time, some stalking targets have discovered that they are actually

being stalked by groups. By 2006, increasingly detailed crime statistics began to show that one stalking complaint out of every eight cases involves stalking by groups.

“However, many targets of organized groups of stalkers are still being ignored by police, and even told organized stalking doesn't happen. This, in spite of their own statistics showing otherwise. This is why I am networking with other organized stalking targets to work towards exposing, and eventually stopping, this second form of stalking.”

At this point, if the non-target expresses no interest in knowing more, I JUST STOP talking about the issue. I've accomplished step one, making my listener minimally aware.

It is, I suggest, far more beneficial to have numbers of minimally aware non-targets than to push hard and generate numbers of non-targets who are opposed to hearing more, and possibly thinking the whole issue is indicative of mental illness.

I leave the electronics for later, after a non-target expresses interest in knowing more.

## 23. The Strong Likelihood of Decoying

As a 29-year target of OS/EH at time of writing, and as someone who has been hearing stories from other targets for 13 years, one pattern is very clear: The perpetrators consistently try to coax targets into blaming either the wrong technology, or the wrong people, or both. This is a sub-task of their attempting to get targets to discredit themselves by making nonsensical or unsupportable claims to the public, and especially officials.

For example: You are getting heavy electronic harassment, but it stops when the neighbours next door move away.

In the world of organized stalking and electronic harassment, that the neighbour was the source of your electronic harassment is only a possibility. In the world of OS/EH, it is equally likely that your perps stopped some of your attacks to make you think the departed neighbours were responsible. Their long term goal would be to convince you that you had the ability to identify the true source of your attacks. The perps would hope that in a later situation, your confidence in your ability to identify the true source would cause you to complain to police about an innocent neighbour. The OS/EH perps are highly sophisticated, never forget that. They are not just thugs operating at the high school prank level.

Likewise, I have had types of noise boom through the ceiling of my apartment with the sounds of heavy automotive engine parts, say, dropping on a heavy wood plank floor. Yet the ceiling was heavy 8-inch reinforced concrete, observed during the building's construction. I have heard loud bird noises emanating from large, windowless solid masonry walls. Clearly, the perps are capable of generating noise which seems to come from a neighbour's home or apartment, but in fact is artificially generated.

I have learned that this type of decoying is a recurring form of harassment, and that if I do refer to such activity to others, I must use the speaking style and demeanour used by professionals during public speaking, and use qualifiers such as “seems” or “appears to.”

It is very important that targets understand that everything they see and hear relating to OS/EH may well be decoying, and that due caution is always necessary in drawing conclusions.

## 24. “You Don't Have Any Evidence”

Targets who attempt to discuss OS/EH with non-targets, including doctors and police, will often be rebuffed with the statement “You don't have any evidence.” This section is about how to stand firm in the face of such a rebuff.

In my opinion, we do not have enough evidence to take these criminals to court. However, we do, in my opinion, have enough evidence that we can still defend ourselves against that rebuff well enough that we don't need to walk away with our tails between our legs.

The evidence we do have at least shows that the crime we experience is not only possible but quite likely, to someone who is at least neutral. Here are some of the best points of evidence I have successfully used to at least stand firm in conversations with those denying we have evidence:

- We have official statistics showing group stalking happens at a rate of about one stalking case in eight in the U.S., Canada and the United Kingdom, and some recognition by the psychiatric community that organized stalking happens, posted here:

<http://www.multistalkervictims.org/osatv.pdf> (Section on statistics near the front)

- We can show that national-level government-instigated organized stalking happened in the 1960s under the FBI's COINTELPRO operations. While this doesn't prove COINTELPRO-like operations are happening today, it makes it quite likely, given the endless stream of full personal testimonials describing COINTELPRO-like attacks.

<http://www.cointel.org> (Paul Wolf's collection of COINTELPRO documents)

<http://www.raven1.net/cointeldocs.htm> (My backup copies)

- We can show that silent, through-wall electronic technologies which can do some of the things which targets experience are not only available to the public, but have been for up to 5 decades. As long as you don't make claims of attacks beyond what those technologies can do, you can stand firm against charges such weapons are impossible.

<http://www.multistalkervictims.org/osatv.pdf> (Section on electronic weapons)

- We do have some physical sabotage to show, and we have cumulative reports of tangible things like feces left in wastebaskets, cigarette butts and pennies left around - repeatedly. We have reports of, say, property fences being sabotaged. Or mail being scattered and opened. These things are physical evidence and would be significant in investigations of other crimes.

We have a few videos of organized stalkers in action.

- We have personal testimony. Most is not suitable for providing the non-target public and officials, because many targets have been too busy surviving to work on good information handling techniques - something which is not their fault. However, if your back is to the wall, it can be said that personal testimony is something the courts place a high value on, and targets are qualified to be witnesses or jury members, even targets without PhD or MD degrees. In fact, some courtroom evidence must be backed by a witness or it's not accepted.

There is nothing to be ashamed about regards personal testimony, and ours is evidence. If personal testimony is not evidence, then all court cases are null and void immediately. As long as the discussion is about personal testimony in general, as

opposed to some of the discrediting thing targets have said.

Important: Because personal testimony is worthy of respect as evidence does not mean it is wise to gush full personal testimonies to non-targets at this point in time. My point here is that if a non-target challenges personal testimony in general as “not evidence,” that challenger can be reminded that the courts make extensive use of personal testimony.

Important: It is critically important that targets don't get the idea that because we can stand firm in the face of charges of having no evidence, that we can forge ahead and sue someone. At this point in time, we do not have evidence to that level. What we have is evidence. It only becomes “proof” if a court or official accepts it. And experience to date is, our evidence hasn't reached that level.

## OUR OWN ACTIVISTS' DENYING EVIDENCE

Incredible as it may sound, some of our own activists actually deny evidence we've had for a decade at time of writing. Their denials show up in their letters to officials, in which they mention that “proving the EXISTENCE of electronic weapons is needed.” That is flat out not true, and to say that to an official is an incredibly poor tactic.

Yes, we can't explain ALL of the perpetrator weapons, but the job at hand is to first expose the basic crime, and we have plenty of evidence of the older weapons to back up a credible request for official action.

## 25. Electrosensitivity

Electrosensitivity is raised, from time to time, as purportedly useful in conveying to non-targets what electronic harassment is all about. My recommendation: Stay away from electrosensitivity as a way to describe EH.

The reason is, in my experience I have had members of the public raise the issue when I talk about OS/EH. These members of the public were trying to paint us as simply “victims of the illness of electrosensitivity.”

First, we have no evidence of that. Getting tested for electrosensitivity is expensive, and I'm not aware of any target at this time who has had such testing.

Secondly, more important, the task at hand is to expose the CRIME of OS/EH, and inviting a listener or reader to deem us “sick” instead of targets of crime is a really, really bad idea, in my opinion. Don't offer your listener/reader the chance to write you off as merely “sick.”

The proven electronic weapon technologies we have to date do not depend on electrosensitivity to work, either. Again: The proven e-weapons do not depend on electrosensitivity to work. Keep that in mind.

## 26. The Huge Article Problem

Targets are faced with some really excellent information posted in huge articles. It would take a similarly huge amount of work to verify every statement in those huge articles. For information handling purposes, the way to make use of huge articles is simple: Do NOT 'throw' links to, or copies of, huge articles at non-targets.

Instead, pick through the article, and EXCERPT just a small portion, at any one time, you consider useful. Then research just that small portion by looking for independent confirmation that the small portion is backed up by mainstream acceptable proof. Sometimes, the writer of long articles will give references to other sources, which can help with that.

Once you have independent verification of the factuality of the small portion, that can be used to convey that information to others.

The longer the article, the more likely there will be "poison pill" information somewhere within the article.

## 27. The James Tilly Matthews Case (How to Rebut It)

From time to time some wit brings up the James Tilly Matthews case to cast doubt on our sanity. Here is a quote from an article by Mike Coyle, who is a mind control researcher:

“The first recorded case of paranoia in medical literature was of one James Tilly Matthews, a London tea broker who claimed his mind was being controlled by a gang operating a machine he called an "Air Loom" which was hidden in a London cellar and sent out invisible, magnetic rays. Matthews believed machines like the Air Loom were also controlling the minds of members of the British Parliament. He wrote letters to its members warning them about the machines and the conspiracy behind it. Matthews was committed to Bethlem Hospital as being insane. His case was published in 1810.”

Because Matthews' claim sounds a lot like ours, naysayers use this case to prove we are imagining our electronic assaults. Their logic is that because Matthews' description is like ours, his case and ours must be from identical causes.

I offer this reply to naysayers who use this case to our detriment:

“Obviously, since equipment which can assault people through walls did not exist in the early 1800s, Mr. Matthews was delusional. Now that such technology has been available, not classified secret, to the public, for up to half a century, our reports deserve the full and serious attention of those sworn to serve and protect.”

## 28. Petitions

I'd like to suggest that petitions are a waste of time UNLESS:

- After studying possible recipients of the petition, the text of the petition is TAILOR MADE to the recipients' organizations' MISSION statements
- The petition requests something be DONE and is not just a list of complaints
- The something to be done FITS, that is, it can ACTUALLY BE DONE by the recipient(s) of the petition
- Before the petition is put out for signatures, a do-able plan to DELIVER the petition to the recipient(s) is firmly established (no petition I've seen to date ever got delivered to anyone)
- The text of the petition does not exceed ONE PAGE (if it does, forget about it's being read by the recipient(s))
- A statement of the OPPOSING VIEWPOINT is included

That last requirement, the opposing viewpoint or case, is very important, and is never done for petitions I've seen to date. The reason it is important is a statement by an activist from San Francisco, who followed up a petition with city government. He found that the official who denied the petition did so because the opposing viewpoint was not spelled out.

For us, we can't state the viewpoint of the perps, because we don't really know their reasons.

But we CAN petition for officials to start taking these crimes seriously, MAKE THEM A PART OF THEIR OFFICIAL AGENCY RECORDS, and expend resources to seriously investigate these crimes.

In such a petition, we would explain the opposing viewpoint by describing how most of our complaints to police result in refusal to take a report.

The National Center for Victims of Crime (NCVC) in Washington DC responded to a Freedom of Information Act (FOIA) request for one of our members, Keith Labella, who is an attorney. The results of that request are posted at:

<http://www.multistalkervictims.org/svuslabellafoia.pdf>

Keith Labella reports that NCVC staff estimate 10% of their calls are about group stalking (their term.)

## **29. Surveys**

I'd like to suggest that the official U.S. Department of Justice stalking survey form, the one with the excellent questions about organized stalking, be reviewed by those who create such a survey.

That form appears at this link:

[http://www.multistalkervictims.org/svs1\\_06.pdf](http://www.multistalkervictims.org/svs1_06.pdf)

\*\* Important: I suggest rather than doing a survey which can't be sent to psychologists and psychiatrists, find a target who is capable of structuring the survey so it CAN be given to anyone, mental health workers included.

This, of course, means you don't dash off a survey in an afternoon and post it.

You get opinions on how to formulate the questions so it looks "scientific," and no "you-are-wacko" trigger terms are used. That can be done, by the way. Tips on how to do that are contained within this booklet.

Among our members are people with mental health staff experience, and people with statistics experience who can, if asked, get a first class petition designed. It might take a month or two, but that time is very well spent.

Ask on all the forums for people with professional backgrounds who would be willing to help with survey design.

There are people with very refined skill sets who may be tempting to use, but for reasons we

can never know, mess things up. I stop short of calling them perps, because that can never be determined.

The way to determine if someone's work is helpful or not is for those designing the survey to also use the participants' knowledge of human relations and psychology, and independently evaluate the work being done.

### 30. The Problem With the Name "Mind Control"

**NEVER NEVER NEVER use this chart for FIRST contact with the public! WAIT until, and unless, the member of the public has expressed \*genuine\* interest in learning more about OS/EH! Use of "mind control" with uninformed first contact non-targets can and will destroy your credibility!**

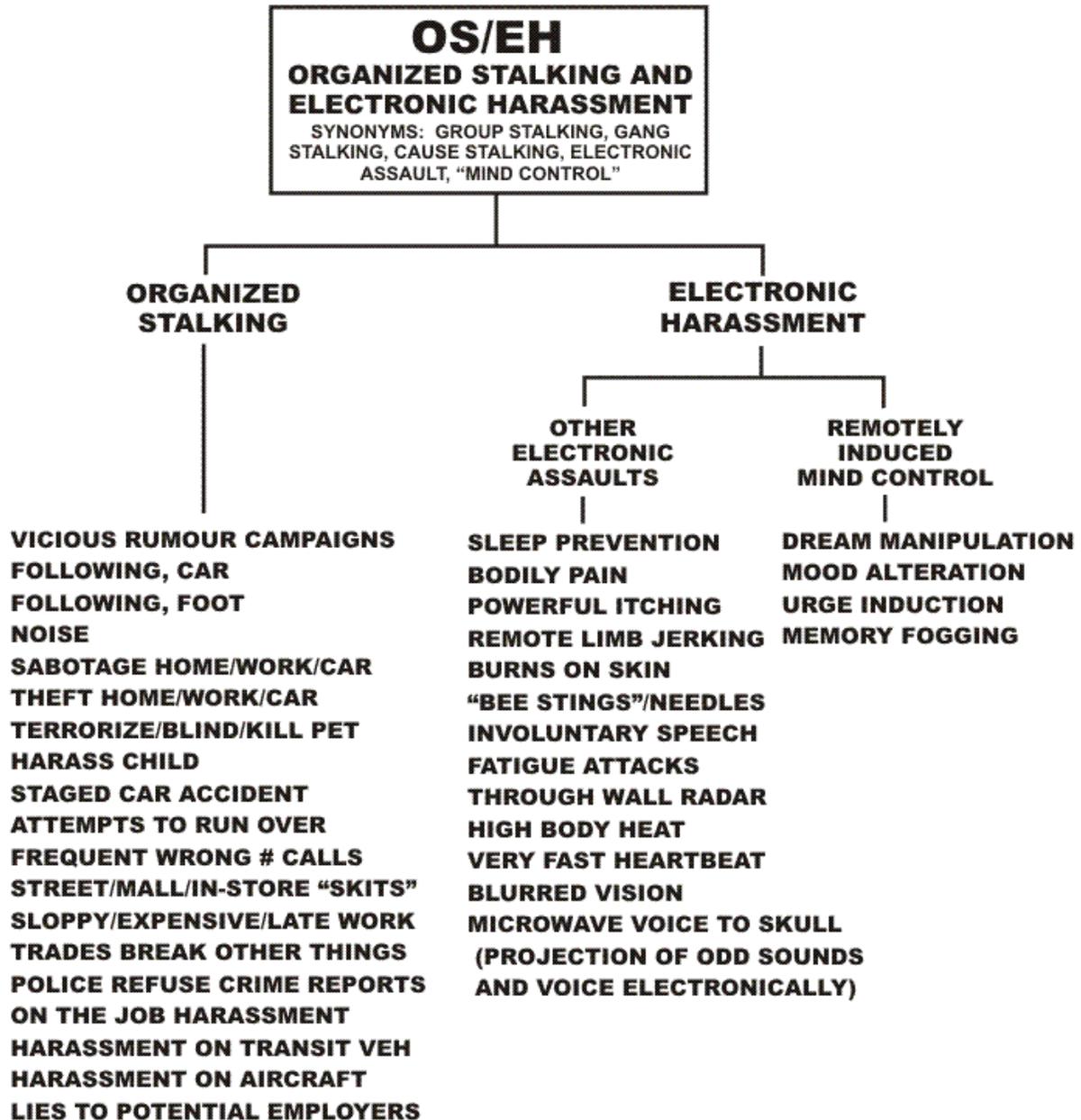
Historically, because many targets of organized stalking and electronic harassment have reacted most strongly to that portion of the OS/EH crime which can be called "mind control," in the 1990s this crime acquired "mind control" as its semi-official name.

This historic name for the OS/EH crime is both confusing and discrediting when spoken or written to non-target members of the public. This is confirmed by actual face-to-face experience. It often produces the "you are a wacko" response from the public, and gives the listener or reader the excuse to ignore the message.

Because of the considerable amount of information about OS/EH on the web which uses the older "mind control" name, the diagram below has been created to assist new OS/EH targets, particularly those inclined to discuss this crime with non-targets, see that indeed there is some "mind control" activity involved, but "mind control" is only a portion of the full crime.

The chart itself is on the following page:

# **“MIND CONTROL” IS ACTUALLY ONLY ONE SPECIFIC PART OF THE FULL CRIME:**



### 31. Sample “30 Second Spiels”

Experience speaking to unaware members of the public shows that they give us about 30 seconds' worth of attention span. Combine that with the need to reduce the amount of the truth we can convey and still be taken seriously, and one can see that in order for the listener to walk away wondering if we may be telling the truth (as opposed to being convinced we are crazy) some thought is needed as to what to say in that 30 second period.

Here are some thoughts I've come up with:

TGT = Target

UNT = Unaware non-target

#1:

TGT: I heard on a talk show about stalking that there are GROUPS that stalk and harass people. Have you heard of group stalking?

UNT: No.

TGT: The caller said there are thousands of people reporting group stalking, and that Department of Justice statistics show that one stalking complaint in eight is about stalking by groups. That is scary stuff.

UNT: Hmph. Why on earth would groups get together to stalk someone?

TGT: According to the caller, because vicious lies are told about the targets, such as the target is a pedophile. And the targets are actually innocent people who don't engage in criminal activity.

The police almost always refuse to investigate, or start to and then suddenly tell the target they can't help.

UNT: Well, I don't know.

TGT: I don't know much about this either, but it sure shows what a sorry state the world is in!

UNT: Yeah, have a nice day.

TGT: You too.

TGT = Target

UNT = Unaware non-target

#2: [THIS ONE DOES USE A URL IN IT. Not a great idea, but sometimes unavoidable.]

TGT: You know, I was in youtube, just poking around, and I came across a comic strip I can hardly believe. I ended up at targcomics.net

This collection of comic strips is about a target of "group stalking," and, get this, through wall electronic harassment!

This can't be real! Have you ever heard of that?

UNT: No, I haven't.

The strips show the target and perpetrator actions, and there apparently actually are through wall stalking weapons, like a weaponized microwave oven!

UNT: I don't believe that.

TGT: Yeah, it is hard to believe. Well, take care.

TGT = Target

UNT = Unaware non-target

#3:

TGT: Did you know they have radar sets that can send sound into your skull, without anyone else being able to hear it? I found an article from the journal "American Psychologist" on the Internet that says a scientist invented "voice to skull" way back in 1973.

This setup even works through walls!

UNT: How come nobody's ever heard of that?

TGT: I don't know ... maybe they made it secret or something.

UNT: There are all kinds of crazies on the Internet.

TGT: Yeah, that's true, but this was in a real scientific journal. Oh well, I guess if it's real we'll hear about it. See ya.

[<http://www.stopos.info/stopos.pdf> Pretend you "just barely remember" the link as you write it out for credibility.]

TGT = Target

UNT = Unaware non-target

#4: [I DETEST using "mind control" as a first contact term, because it very often causes an instant you-are-a-wacko response in your listener. However, I KNOW some targets want to talk about MC anyway. So let's try to see if we can find a least-discrediting 30-second spiel.]

TGT: I always thought this "mind control" stuff was totally wacko. But I found an article on the Internet that says they can send voices directly into your skull with a modified radar transmitter.

A U.S. Army scientist did this back in 1973, and an article in the scientific journal "American Psychologist" tells how he did it.

Do you think there's anything to this "mind control" stuff?

UNT: Well, I don't know. I find it hard to believe.

TGT: Me too, but if they can put voices into your head, I wonder what else they can do?

UNT: Who knows. Have a good day.

[<http://www.stopos.info/stopos.pdf> Pretend you "just barely remember" the link as you write it out for credibility. You can also say you think the "Army scientist's name was "Joseph Sharp."]

TGT = Target

UNT = Unaware non-target

#5: [I also detest bringing implants into discussions with non-targets. But I know many targets will do so anyway. Let me try to come up with a least-discrediting spiel involving implants. To be least discrediting, I believe a URL is necessary.]

TGT: I found an article the other day that says a guy in Arizona actually had monitoring and tracking IMPLANTS removed! What next!?

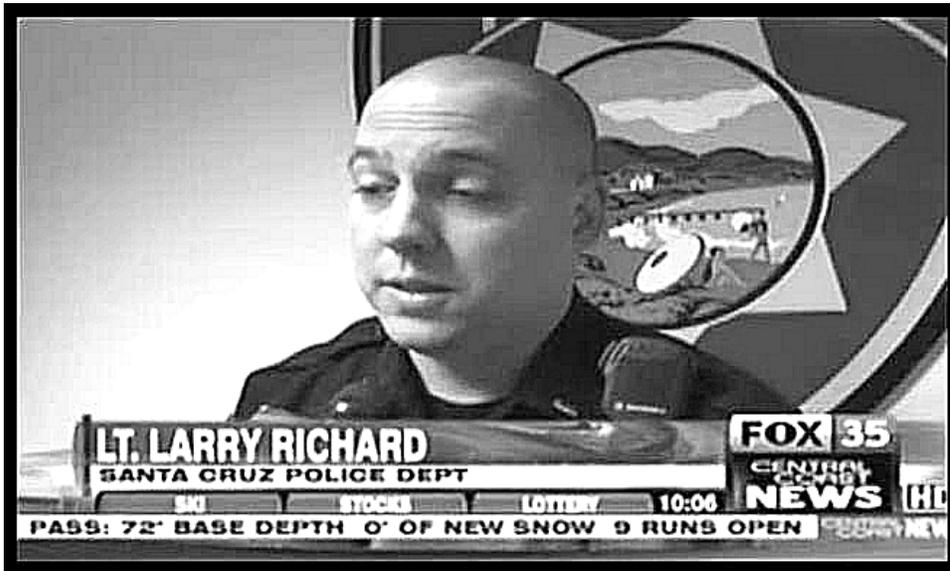
UNT: I don't believe that crap.

TGT: I didn't either, but this fellow, Dave Larson, posted a report with patents for the implants, and the ones taken out of him match what the patents look like. He also identified the doctors who were using him for involuntary experiments. He actually has the implants.

UNT: Well, I don't know. I'll wait until I see it on TV.

TGT: Do you want a link to the report?

[IF, and only if, the UNT says yes, you can give this link: <http://www.raven1.net/lrr.pdf> ]



<http://www.kionrightnow.com/Global/story.asp?S=13931348>

## Gang Stalking, "Bullying on Steroids"

*Posted: Jan 29, 2011 1:56 AM EST Updated: Jan 29, 2011 4:10 PM EST*

Submitted by Candice Nguyen, Central Coast News

[Excerpt]

Santa Cruz Police Lieutenant Larry Richard said police are becoming more aware of gang stalking because of cyber bullying.

Richard said gang stalking is nothing new, but new technology is making it more common.

"Gang stalkers themselves have elevated themselves to technology so this is something that's been going on before Facebook and Twitter. They just now have gone into those areas," Lt. Richard said.



Watch the video at:

<http://www.multistalkervictims.org/gangstalkingsantacruzca.wmv>

<http://www.multistalkervictims.org/gangstalkingsantacruzca.mp4>

### 33. PUBLIC'S Information Needs vs. TARGETS' Information Needs

This has been a point of serious confusion for decades. It boils down to this:

The PUBLIC needs brief, factual, credible information, and just enough to fit within their limited attention span.

TARGETS need just the opposite – all the factual information they can find.

Because of these completely opposite needs, targets' web sites, which are piles and piles of the information collected over the years, have served targets but NOT the public. That includes my own sites over the years. [Eleanor White]

On February 6, 2011, I set up an example site, intended for the general public ONLY, and not targets:

<http://www.stopos.info>

I recommend this site as the “next stop” for members of the public who have viewed our billboard, or seen a flyer, heard a radio/TV broadcast, or heard about OS for the first time from a face to face conversation. The above site is where the public should be urged to go, after they have been introduced to the organized stalking topic for the first time.

This site will be updated as time goes on, and ideas come forth, but will always be a very small site, with good quality information, designed to fit within the attention span of the unaware general public.

NOTE: As of the revision of Feb. 6/11, this compact site does not directly list multiple OS-related web sites. Instead, there are two references to the FFCHS (Freedom from Covert Harassment and Surveillance) web site. On the FFCHS web site are found references to various networking sites. This writer (Eleanor White) does not have the strength to constantly read, study, and rate for credibility the hundreds of blogs and sites which are OS/EH relevant, so initially, I am choosing to refer interested members of the public to the location with the largest collection of networking information.

## **99. Sample Images Illustrating the Principles of Persuasive Communication**

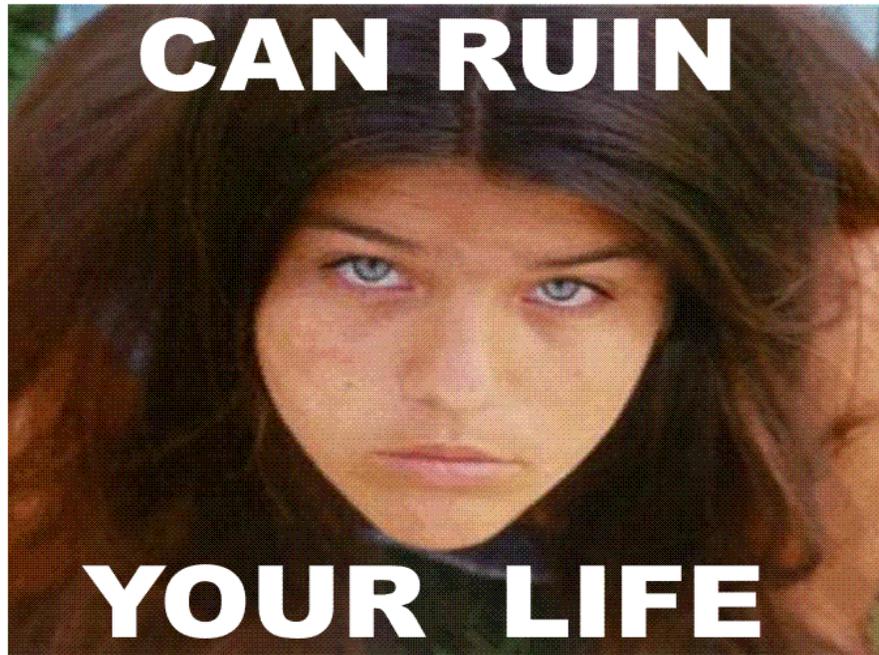
Here below are some suggested poster or flyer (or web site) images based on the persuasive communications principles suggested in this booklet. These images were created by Eleanor White and are free of copyright. They may be used as is, or modified, without asking permission.

Just one favour - if you change any of my materials, please be sure to put your name on the modified materials and remove mine.

Here are the sample images on the following pages:

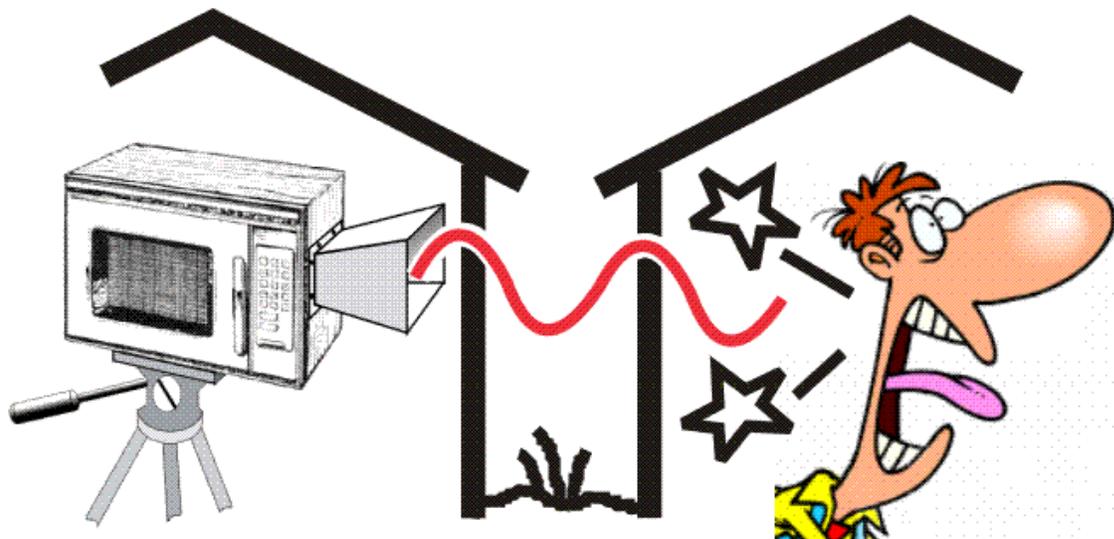
1 - ORGANIZED STALKING:

# **GROUP STALKING CAN RUIN**



**[for more information,  
contact, etc.]**

# ELECTRONIC ASSAULT



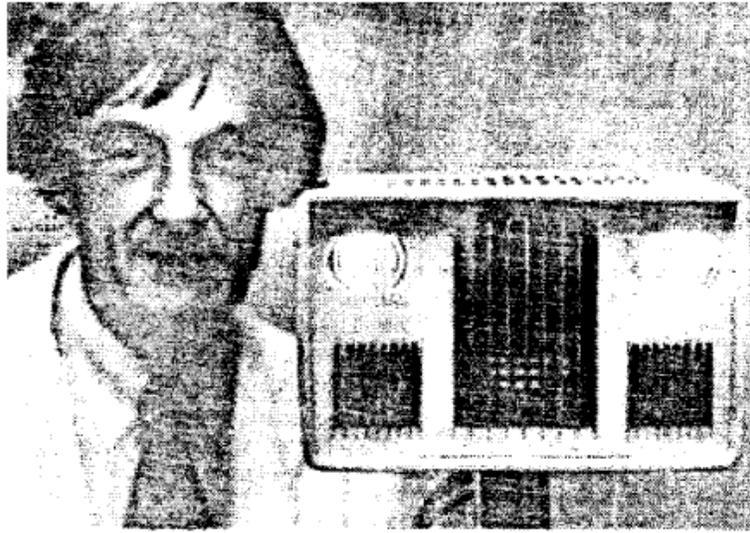
**... HURTS!!**

# GROUP STALKERS' VIEW:



... **OF YOU, AT  
HOME**

# KEEPING YOU WIDE AWAKE ALL NIGHT THROUGH WALLS



DR. ROSS ADEY AND THE LIDA MACHINE

**... WITH AN OLD MEDICAL DEVICE CALLED 'LIDA'**

# VOICE TO SKULL IS OLD TECHNOLOGY ...



... **GROUP STALKERS STILL  
LOVE IT THOUGH!**

# **GROUP STALKERS: “WELCOME HOME, TARGET!”**



## **A1. Gathering Evidence: General**

Carefully gathering evidence is a way to cope. It is key to remember that evidence that looks very convincing to you is probably not going to appear very convincing to non-targets, especially family members who believe you are crazy, or officials like police and doctors. One major skill in gathering evidence is restraining your belief that your evidence is going to “shake the world” and win your freedom.

Experience is that while gathering evidence is important, non-targets will actually try hard to discredit it, because bystanders really don't want it to be true that OS/EH exists, and because officials are consistently unwilling to work seriously on the crime of OS/EH. So we gather evidence, display it, and keep backup copies where possible, anticipating a day when OS/EH has become public knowledge. This is an important part of coping, even though the full value of our evidence will be in the future.

Some comments on gathering evidence follow.

## **A2. Gathering Evidence: Photographic**

When perpetrators physically damage your property in some way that is clearly not natural, such as sawing through a piece of furniture, that is a terrific opportunity to photograph and post the evidence.

The problem is that some cameras don't have closeup capability, at least the lower priced cameras. There is a way around that. You can tape an eyeglass lens directly over the camera's fixed lens. Ideally, the eyeglass will be something like 2x (2.00 power) or more.

When you do that, your viewfinder will give too wide a view, but that's OK - just be sure the damage, such as the sawed end of a furniture leg, right at the center of the photo. If you don't have glasses handy, some relatively inexpensive reading glasses are available at pharmacies. Choose 2.00 to 2.50 power. You can remove the lens from the frame to make it more convenient to tape over the camera's lens.

FLASH is BAD for getting clear closeups. You'll usually get bright white, totally washing out all detail.

The best light for closeups is near a window, or outdoors, on a bright day but NOT IN DIRECT SUNLIGHT - same problem as with flash - you'll usually get everything too bright. Household electric lamps are OK - just don't get them really close or you can wash out the details of the damage.

Position the cut/torn or otherwise damaged object so shadows make the damage more obvious. If holes are involved, put something of contrasting colour behind the holes to make them stand out.

If the size of the object or damage isn't obvious, consider placing a ruler in the image.

When you are holding the camera, remember without flash, a camera needs to be held steadier than usual. If you have a tripod, use it, but if not, move some piece of furniture near the item to be photographed so you can steady your arms and camera on it.

Take SEVERAL photos at different distances. A digital camera will give you an on-screen preview but even there, a couple of different distances will ensure you get at least one good photo. With a 2x or more powerful lens taped over your camera's lens, you should be able to get somewhere from 16" close, and perhaps down to 10" or so.

When you post the photo on a web site, or send it to someone for posting, please be sure to supply the date and some sort of identification, even if you want to keep your identity anonymous. A date on a photo and even a false name are far better than nothing.

Also, supply a sentence or two about what happened before you discovered the damage. Such as: "I came home from work and found this ... " etc. Your caption or descriptive text is extremely important, because most photos taken by targets do not appear to be criminal activity to the average non-target. Remember, it's about how they (non-targets) see your work, and not how you see it.

If you digitize (scan) a photo to be posted, please learn how to do these three things to the photo before sending it (check your scanner's help screens):

- CROP off the excess unused space - a scanner normally produces an 8.5" x 11" image which is HUGE (Save the photo.)
- Reduce the BITS PER PIXEL, also called number of colours. Many scanners scan at 24 bits per pixel, when all that's needed are 8 bits per pixel (256 colours) (Save the photo.)
- IF the size of the image is wider than a screen, which can be as small as 800 pixels wide, RESIZE (sometimes called resample) the image so that the image fits within one browser screen. I normally choose 750 pixels as my maximum width for perp damage photos, to give a small allowance at the margins, and to avoid the vertical scroll bar. (Save the photo.)

Just scanning and sending a digitized photo without doing the above things can mean you are sending a one MEGabyte file, for each photo, which is way too big to be sent by email to people who have email size problems or limited disk space. Some people use emailers based on their PC as opposed to web mail, and they can have size concerns because every email received is stored on their own disk space. (The advantage of using an emailer on your PC is that it makes backing up possible and there is less chance for emails disappearing.)

### **A3. Gathering Evidence: Videos**

Videos can be excellent for showing the public organized stalking is a real crime. However, in most cases, videos taken by targets are not convincing enough to break through the

credibility barrier. This is not the fault of target videographers - it is because the OS/EH perpetrators deliberately set up their harassment to look like ordinary everyday annoyances which non-targets experience now and then.

When taking the original footage, or when preparing a video for posting, the target needs to provide narration which explains that while the scene may look normal, it's not normal for this to happen "every day" or "all the time." Emphasize frequency of occurrence.

Here are two good organized stalking videos with good narration:

<http://www.multistalkervictims.org/videos.htm>

<http://www.multistalkervictims.org/osvideos.htm>

CAUTION: Over the past couple of years, U.S. police and security guards have been instructed to treat making videos or even taking still photos as possible "terrorist" activity.

One target was arrested and convicted of taking pictures from public property, which is legal, when in fact, she only took footage from her own home. The police lied in court to get her convicted of something which is actually legal.

This means care must be taken in taking of videos, especially in the U.S., but it is likely that such false arrest can happen anywhere in the current world. Today's small digital camcorders can be concealed, and that may be one way to handle the false arrest problem.

#### **A4. Gathering Evidence: Suspected Surveillance Devices**

It is extremely important that targets train themselves to regard "suspicious devices" in their area as suspected, until and unless someone qualified and willing to put their name on their analysis confirms a discovered device is actually for covert surveillance or electronic attack.

This is the same credibility requirement as not making a statement as fact without evidence which will convince officials. In making statements to others, and that includes other targets, it is essential that we avoid unsupportable claims of fact.

- If a target believes they have found a surveillance device installed in their home, car, or personal property, see the section "Gathering Evidence: Photographic" then:
- Find and place near the device an object of familiar size. Can be a clearly legible ruler, or a coin, or similar well-known object.
- Take several closeup photos of the item in place. Back up the photos by posting them to a forum, web site or blog, and CD or DVD.

If a bump needs to be portrayed, consider placing a lamp at a low angle, to produce a shadow. This technique is also important if you are trying to photograph a suspected implant.

in your body.

Then remove the device if you can, and take additional closeup photos at different angles.

Post and back up your photos to the web before the next step.

Locate someone who has substantial training and experience in electronics, and arrange for analysis. If you are asking a non-target technician, do not say you are a target of OS/EH - that can be as discrediting as saying that, alone, to police or doctors. Just say you want to know what this object is.

Type up a report of what the qualified individual says about the device. Add that individual's report, keeping their identity confidential, to your posting.

What else may be done about your find depends on the qualified report.

## **A5. Gathering Evidence: Detection of Signals**

See also: <http://www.multistalkervictims.org/oscd.pdf> (Countermeasures and Detection)

It is one thing to detect strange signals. It is far more difficult to prove that the signals you find have something to do with harassment. Merely finding signals on "government frequencies" proves nothing useful, because so many government radio sources are in operation everywhere, all the time.

And, here is what makes convincing/foolproof detection highly problematical. This statement is from the "Shielding" section of my e-booklet titled "[Coping](#)":

*"I've heard from perhaps 40 to 50 targets over my 13 years on line who receive attack types involving mechanical vibration of both body parts and inanimate objects, which cannot be done using any technology, electromagnetic or acoustic, taught in today's schools, under the conditions experienced. Right up front, the perps clearly have classified (secret) technology.*

*"Interestingly, the many sufferers of what started years ago as the "Taos Hum," a constant sound like "an idling diesel engine," sometimes experience vibration too. While I do not recommend talking about vibration to non-targets, if it should slip out, OS/EH targets can mention the "Taos Hum" sufferers' vibration experiences as well."*

This means that commercially available detection equipment is unlikely to convincingly detect at least the more advanced perpetrator attack signals. What that means in practical terms for targets is, use substantial amounts of caution in spending money on detection equipment or services.

Yes, some targets do indeed detect unusual electromagnetic signals in the vicinity of targets' homes, or even bodies. So there may be something useful in doing affordable detection experiments using conventional equipment and services. But targets must not get the idea that with an expensive spectrum analyzer, or a high priced electronic-harassment-aware

private investigator, convincing proof will be the result. We are up against classified (secret) technology in an unknown percentage of targeting cases.

Let me define "convincing." For OUR purposes, OS/EH targets, "convincing" means "will convince a public official that our detected signals prove harassment."

We can find plenty of "unusual EM signals," - I've done that myself - but showing them to police just got me silence or questions like "So? How does that prove you are being harassed?" Just finding, say, a signal on a "government frequency" doesn't prove anything. There is lots of government radio activity going on all the time.

Now having said all that, let me say that I definitely favour those targets who have a comfortable income hiring electronic-harassment-aware private investigators to attempt to detect and report on anomalous signals in their vicinity. Emphasis on comfortable income.

The reason is that the current-day electronic harassment technology is classified, so we do not know what it is, or isn't. It's a wide open question. And just as many scientific discoveries came about by accident, learning the true nature of present-day EH technology may also yield to an accidental discovery.

Also importantly, even if all a target can do is show a report by a qualified investigator which demonstrates very anomalous EM signals (or acoustic signals) in the target's home or vicinity, that is a stepping stone to a day when officials will take our complaints seriously. My request to targets who can afford that is to work out a contract with the investigator where the full report content can be made public, and posted on the web. That may require obscuring some of the identifying info, but as long as the un-obscured source document is in the target's possession, that is still beneficial.

My personal opinion is that so far, the only guaranteed-to-work detector for advanced perp attack signals is the target's body. (Plants cared for by the target may work too, though no extensive experimentation has been done along that line.)

I believe that a wearable recording electroencephalograph which can hold a full night's data, together with a written, audio, or camcorder log in which each attack is described along with the time, could be used to form a persuasive report. By comparing recorded EEG traces both during the logged attacks, and between attacks, I believe it can be shown that something very unusual is going on in that target's life. Best would be for a doctor to run the experiment, but even a well written report by itself could be persuasive.

Not guaranteed, but persuasive none the less.

Bottom line - detection experiments are potentially useful but are not guaranteed at this point to convincingly prove harassment.

## **A10. Earning Attention Span Success Story**

A target, who has been a member of a church for a couple of decades, reports that they (anonymity requested) have gradually reached a point where the subject of organized stalking can be discussed, without negative repercussions, with the pastor and among the other members of the church. Here are some observations as to how the target has conducted themselves in the church which have led up to this favourable result:

1. Attend church regularly -- all events, including Bible readings and social circles, not just Sunday services.
2. Participate actively, giving special consideration to other (elderly and infirm) members of the congregation who might need particular forms of assistance.
3. Establish your credibility as a good, stable, civilized, trustworthy person and a true believer, which takes time.
4. Be a good listener, which means subordinating your personal problems to matters which are of far greater interest to other members of the congregation. You'd be surprised how many other members of the congregation may want to discuss the (bizarre) problems they've been experiencing in their lives.
5. Develop a warm, meaningful, trusting relationship with the church pastor and elders. This, too, takes time.
6. Over time, test the waters to see what approach can be best used in surfacing the topics of organized stalking and electronic harassment.
7. Stay understated and avoid portraying yourself in "rabid" terms as being a victim of a vast conspiracy.
8. Don't quit because of a few obstructions thrown in your path.